



Collagen Comparison

Collagen Brands	Xyngular Complete Collagen™	Vital Proteins® Collagen Peptides*	Isagenix Collagen Elixir™*	Modere Liquid BioCell® Life*
Calories per Serving	40	70	50	15
Carbohydrates	0g	0g	7g	3g
\$ per Serving	\$2.17	\$1.79	\$4.00	\$2.33
Primary Ingredient	Grass-Fed Bovine Collagen Peptides	Hydrolyzed Collagen	Water	Water
Grams of Collagen	10g	20g	5g	<1g
Vitamin C	✓	✓	✓	
Hyaluronic Acid	✓	✓		✓
Digestive Enzymes	✓			
Multi-Sourced Collagen	✓			

*Based off of label claims

